



## YEAR REVIEW & FUTURE VISION

First, print this page so that you can write in your responses below.

In this exercise, you'll be analyzing the previous 12 months of your life – your accomplishments, biggest challenges, lessons learned, and more – then we transition to creating your future vision of what the next 12 months are going to look like.

It's critical to your ultimate success in business and life to know... 1) where you're at today and 2) where you're headed.

That's what this is designed to do. By reviewing the last year of your life, you'll have a good idea where you're starting from... and your future vision will be your guide going forward.

Alrighty, let's get started...

-----

### **YEAR REVIEW**

What's the most exciting thing that happened in your life in last year? What made it the most exciting? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Biggest accomplishment(s)? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Most challenging event(s)? \_\_\_\_\_

---

---

---

Top 3 lessons? \_\_\_\_\_

---

---

---

If this past year had a "theme" what would it be? *(If you entire year were recorded like a biographical movie, what would the title of the movie be?)* \_\_\_\_\_

---

---

Personal qualities you developed? *(Example: courage, honesty, boldness, self-discipline, etc.)*

---

---

---

---

What good/bad habits did you develop? \_\_\_\_\_

---

---

---



---

## FUTURE VISION

What do you want to COMPLETELY get rid in your life over the next year?

---

---

---

What is your “theme” for the next year? (*Right NOW is your chance to make a new movie. What will that movie look, sound and feel like?*) \_\_\_\_\_

---

---

---

What is the #1 personal quality you want to develop? \_\_\_\_\_

---

---

---

Top 3 personal goals over the next year? \_\_\_\_\_

---

---

---

Top 3 professional goals? \_\_\_\_\_

---

---

---



## Creating Your Vision In 7 Core Areas Of Your Life

Note: Be clear and play the movie in your head with your eyes closed. Write it down as you see it. There are absolutely NO LIMITATIONS here.

**Finances -** \_\_\_\_\_

---

---

---

**Health -** \_\_\_\_\_

---

---

---

**Family & Friends -** \_\_\_\_\_

---

---

---

**Romance -** \_\_\_\_\_

---

---

---

**Personal Growth -** \_\_\_\_\_

---

---

---

**Fun & Recreation -** \_\_\_\_\_

---

---



**Physical Environment -** \_\_\_\_\_

---

---

---

## Creating Your Perfect Day

What does your perfect day look like? Write it down exactly how you envision it.

What will you do in the morning? When, where, how and who will you wake up with? Where will you work? How will you get there? What is the atmosphere there? Who else is there? What do you do there? When do you leave?

Be very detailed. When I wrote out my perfect day, it was 15 pages long! Read it once a day, every day. Watch what will happen. It will make a believer out of you. This is one of the most powerful things you can do for yourself. Do it now!

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---